



I'm registering alone, how do I join a group?

Simple. We'll assign you to one. Soon after you sign up, you'll receive an email from your group leader with details about how to connect with the group every week.

I already have a small group. Can we sign up together?

Yes! Send us an email (info@3oclockwakeup.com) with the names of the people in your group, along with your group leader, or main contact person, and we'll reach out to you with more details.

How big are the groups?

Small groups are limited to a maximum of 8 women (unless you've already formed one). We've found this to be the best size for safe, honest discussions to take place.

How will the small groups work?

Great question! Each weekly session will take place on ZOOM. (Don't worry, we'll make sure you have all the right links.) There will be some brief live teaching from Laura, followed by an approximately 30 minute video taped at a live RESILIENT study session this fall. After that, each small group will break out into their own private ZOOM meeting rooms.

I don't want to join a small group. Can I still sign up?

Sure. You are welcome to tune in every week for the live teaching and video session. However, you might find it more convenient to buy the RESILIENT Bible Study Package, which gives you a workbook and access to the same videos, which you can watch anytime.

What if I miss a session?

No problem. It happens, we're all busy. You can still sign up and access the recorded ZOOM session on your subscriber's page. (You'll set this up after you sign up for the study).

The study is underway, can I still join?

Yes. You are welcome to tune in every week for the live teaching and video session. But out of respect for our small groups, unless you know of a group that is willing to have you join, you'll want to catch up by watching recordings of past ZOOM sessions and tuning in for the live teaching and video portion of future sessions.

In this case, you might find it more convenient to buy the [RESILIENT Bible Study Package](#), which gives you a workbook and access to the same videos, which you can watch anytime.